

**Citizens for Health Foundation** offers natural health consumers tools to inform the public of health issues and findings, and influence government regulators and members of Congress. We believe natural health practitioners and patrons must have a seat at the table in the national health care policy debate.

Click on these links to download and print some of our recent alerts, backgrounders, commentaries, and issue briefs for distribution to friends, allies, community leaders, the media, and your Congress:

Click: **HEALTH ALERT**  
*Blueberry deception*

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Click: **NEWS & COMMENTARY**  
*Target targeted*

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*Blueberry deception*

For 21 years Citizens for Health have been a powerful voice for those who believe Americans have a fundamental right to the pursuit of natural health alternatives — choices other than ingesting Big Pharma drugs, eating genetically modified foods, and drinking fluoridated water.

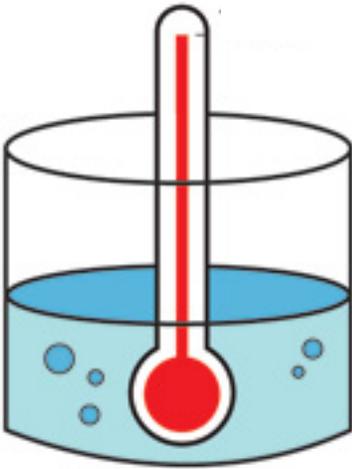
*Partner with us as we make our voice heard!* Your tax-deductible donation will help educate — and motivate — our fellow citizens to be aware of health choices, and the threats to curb them.



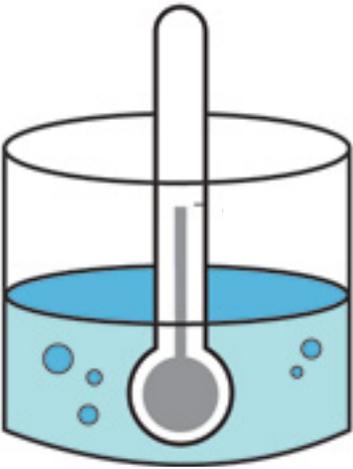
**Citizens for Health**  
FOUNDATION

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**Citizens for Health Foundation**  
**2013 Health Power Campaign**  
*Strengthening the Voice of Natural Health Advocates*



*\$25,000 matching grant challenge*



*\$25,000 Citizens for Health Foundation goal*

**2013 Health Power Campaign:  
September 15-October 15**

A very generous donor has pledged \$25,000 to the Citizens for Health Foundation — as a challenge grant. That's right, every dollar we raise will be doubled.

CFHF runs on a lean budget, but we have ambitious plans. We have many more friends and allies to recruit, but all this takes additional resources to educate and motivate grass roots activists.

That's why the 2013 Health Power campaign is important.

Will you consider an investment in our work by making our challenge grant a successful campaign? Your tax-deductible gift of \$50 or even \$500 will count for twice that amount: \$100 or \$1,000 but only until October 15<sup>th</sup>.

We are not trying to raise \$25,000: our goal is to secure \$50,000 ... if we get that matching grant.

Please take a moment and make a generous contribution. Remember, a tax-deductible investment of \$100, \$250, \$500 or even \$50 or \$75 will double, but only until October 15<sup>th</sup>!!

